Curriculum Vitae

**First Name :** Michail

**Name :** Rallis

**Father’s Name :** Christos

**Place and Date of Birth :** Athens, 09/11/1959

**Address :** 38, Londou Street, 16675 Glyfada, Greece

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# Studies

1977 : High School

1983: Degree in Pharmacy, School of Pharmacy, University of Athens, Greece

1984: D.E.A. (Master degree), in Dermopharmacy, University of Lyon, France

1987: PhD, es Pharmaceutical Sciences, University of Paris XI, France

1994-2000, 2004 : Postdoctoral work for around 2-3 months (except for 1998 where it was for 6 months) in different Californian Laboratories

# Languages

English, French

# Experience

1984-1987 : L’Oreal Basic Research Laboratories

1990-1992 : Famar, Pharmaceutical Company, Department of R&D for Cosmetic Products

1992-now : National and Kapodistrian University of Athens, School of Pharmacy

2008-2010: University Orthodox of Kongo, Teaching

**Conference Organizations**

Responsible Organizer of the 8 International Conferences on “Oxidative Stress in Skin Biology and Medecine” from which the 7 took place in Andros island, Greece

**Awards**

In two International Conferences and two Nationals

# Publications – Announces

Books : 3

Original Papers : 30

Other papers : 12

Original Announces in International Conferences: 128

Announces in National Conferences : 71

**Research Projects with European Grants :** 4

**Research Interests :**

Dermatopharmacology, Wounds, Skin Diseases, Oxidative Stress, Antioxidants

**Collaborations**

Departments of Pharmacognosy, Pharmaceutical Chemistry, Chemistry and Dermatology.

Research Institutions (Greece and Serbia) and Laboratory of Dermatopharmacology and Toxicology (USA)

**Most Recent Publications (2014-2019)**

Zoumbliou V., Stamatiadou M.A., Vassiliadou C., Rallis M., Papaioannou G. Th., Angelou A., Liakos S., Daskalaki S., Kyriazi M., Roussis V., Vagias C., “Effect of cigarette smoke on diabetic skin and protection with topical administration of pinus halepensis extract”, Am. J. Plant Sci. 5, 3964-3973 (2014)

 K. Grammenandi, Μ. Kyriazi, A. Katsarou-Katsari, O Papadopoulos, J. Anastassopoulou, G. Th. Papaioannou, A.Sagriotis, Μ. Rallis, H. I. Maibach

“Low molecular weight hydrophilic and lipophilic antioxidants on non melanoma skin carcinomas and adjacent normal pathological skin area”, Skin Pharmacology and Physiology, 29(6):324-331. (2016)

E . Meimeti, Α. Psarou, Ch. Loupa, A. Vitsos, Ν. Tentolouris, V. Roussis and Μ. Rallis, Treatment of Diabetic Foot Ulcer with Ointment Based on Ceratothoa oestroides Extract and Eosin- Case Report, International Journal of Medical and Pharmaceutical Case Reports, 9(5): 1-6, 2017; Article no.IJMPCR.35531

[A Lymberopoulos](http://journals.sagepub.com/action/doSearch?target=default&ContribAuthorStored=Lymberopoulos%2C+A), [C Demopoulou](http://journals.sagepub.com/action/doSearch?target=default&ContribAuthorStored=Demopoulou%2C+C), [M Kyriazi](http://journals.sagepub.com/action/doSearch?target=default&ContribAuthorStored=Kyriazi%2C+M), [MS Katsarou](http://journals.sagepub.com/action/doSearch?target=default&ContribAuthorStored=Katsarou%2C+MS), [N Demertzis](http://journals.sagepub.com/action/doSearch?target=default&ContribAuthorStored=Demertzis%2C+N), [S Hatziandoniou](http://journals.sagepub.com/action/doSearch?target=default&ContribAuthorStored=Hatziandoniou%2C+S), [H Maswadeh](http://journals.sagepub.com/action/doSearch?target=default&ContribAuthorStored=Maswadeh%2C+H), [G Papaioanou](http://journals.sagepub.com/action/doSearch?target=default&ContribAuthorStored=Papaioanou%2C+G), [C Demetzos](http://journals.sagepub.com/action/doSearch?target=default&ContribAuthorStored=Demetzos%2C+C), [H Maibach](http://journals.sagepub.com/action/doSearch?target=default&ContribAuthorStored=Maibach%2C+H), [M Rallis](http://journals.sagepub.com/action/doSearch?target=default&ContribAuthorStored=Rallis%2C+M), “Liposome percutaneous penetration in vivo”, Toxicology Research and Application 1: 1–6 (2017)

Ε. Meimeti, Kafanas A., Pavlou P., Evangelatou A., Tsouparelou P., Kanellopoulos S., Kipouros P., Kolliarakis N., Leonis G., Ioannou E., Roussis V., Rallis M, “Topical treatment of skin injury inflicted in mice by X-ray irradiation”, Skin Pharmacology and Physiology , 31(4), 175-183 (2018)

N. Demertzis, A. Fotopoulou-Stamatelou, S. Gkinis, M. Kyriazi, E. Karalis, G. Th. Papaioannou, E. Melliou, A. Kourounakis, P. Magiatis, H. Black, M. Rallis, “Effect of Olive Oil Phenolics on Lipidemic Profile and Oxidative Stress in Mice”, J. Food Nutrition Dietetics, 2(1), 1-9 (2018)

A. Dimaki, M. Kyriazi, G. Leonis, I. Sfiniadakis, G. Th. Papaioannou, E. Ioannou,

V. Roussis; M. Rallis, “Diabetic skin and UV light: protection by antioxidants”, [Eur J Pharm Sci.](https://www.ncbi.nlm.nih.gov/pubmed/?term=Diabetic+skin+and+UV+light%3A+protection+by+antioxidants) 2019 Jan 15;127:1-8. doi: 10.1016/j.ejps.2018.10.010. Epub 2018 Oct 11.

Anastassopoulou J, Kyriakidou M, Malesiou E, Rallis M, Theophanides T., “[Infrared and Raman Spectroscopic Studies of Molecular Disorders in Skin Cancer.](https://www.ncbi.nlm.nih.gov/pubmed/30804143), In Vivo. 2019 Mar-Apr;33(2):567-572. doi: 10.21873/invivo.11512.

E. Meimeti, Ch. Loupa, Ν. Tentolouris, V. Roussis, Μ. Rallis, «Marine isopod extract: a novel treatment for diabetic ulcers. Case report of an immunosuppressed patient» , MED ARCH. 2019 APR; 73(2): 131-133

A.Vitsos,C.Tsagarousianos,O. Vergos, D. Stithos, D. Mathioudakis, I. Vitsos, P.

Zouni,A. Kakolyri,E. Meimeti, M. Kyriazi, I. Antoniadou, N. Tentolouris, V.Miriagou, L. Tzouvelekis, P. Dallas, V. Roussis, M. Rallis, “Efficacy of a Ceratothoa oestroides olive oil extract in patients with chronic ulcers: a pilot study”, Int J Low Extrem Wounds. 2019 Jun 25:1534734619856143. doi: 10.1177/1534734619856143. [Epub ahead of print]

**Most Recent International Conferences Announces**

E. Deli, A. Dimakopoulou, M. Giakoumaki, V. Anagnostou, M.Kyriazi, M. Karasmani, A. Grigoropoulos, A. Kourounakis, M. Rallis “[Effect of anti-inflammatory/antioxidant agent on diabetic hairless mouse skin](https://www.researchgate.net/publication/317817534_P_145_Effect_of_anti-inflammatoryantioxidant_agent_on_diabetic_hairless_mouse_skin?_iepl%5BviewId%5D=i55z45Ui30J2WyYgCltuEmPO&_iepl%5BprofilePublicationItemVariant%5D=default&_iepl%5Bcontexts%5D%5B0%5D=prfpi&_iepl%5BtargetEntityId%5D=PB%3A317817534&_iepl%5BinteractionType%5D=publicationTitle)”, Free Radical Biology and Medicine,108, (2017)

# E. Theodoraki, A. Terezaki, P. Harizanis, M. Kyriazi, V. Roussis, G. Th. Papaioannou, M. Papageorgiadi, A. Grigoropoulos, M.Rallis, “Potential Healing Properties of Bee Products to Thermal and Sun Burns”, Free Radical Biology and Medicine,108, (2017)

A. Grigoropoulos, E. Zouridaki, T. Sgontzou, A. Vitsos, C. Antoniou, A. Katsarou, A. Chatziioannou, M. Kyriazi, M. Karasmani, M. Giakoumaki, V. Anagnostou, E. Deli, N.P. Andreou, V. Roussis, M. Rallis, ‘Clinical evaluation of wound healing capacity of isopod Ceratothoa oestroides oil extract”, Free Radical Biology and Medicine 108 (2017)

M. Giakoumaki, M. Kyriazi, A. Dimakopoulou, V. Anagnostou, M. Karasmani, A. Grigoropoulos, E. Deli, N. P. Andreou, M. Rallis “Chronic UV irradiation induced oxidative stress in the skin of diabetic hairless mice” Free Radical Biology and Medicine 108, (2017)

#  M. Karasmani, P. Dallas, M. Kyriazi, A. Dimakopoulou, E. Deli, M. Giakoumaki, A. Grigoropoulos, V. Anagnostou, M. Rallis, “The effect of anti-aging agents in skin oxidative stress induced by UV Radiation in vivo”, Free Radical Biology and Medicine 108, (2017)

C. Zerva, E.A. Kanari, N.P. Andreou, V. Roussis, E. Vourakis, M. Kyriazi, G. Th. Papaioannou, M. Rallis, “In vitro evaluation of pine extracts antioxidant protection”, Free Radical Biology and Medicine 108, (2017)

A. Patouli, E. Arapostathi, M. Rallis, A. Vitsos, G. Papadoulis, AE  Tsagkarakis “Development of *Lucilia sericata* on different culture media ”Poster Presentation, 10th  International Conference on Biotherapy, Konstantinoupolis, Turkey 2017

 A.Vitsos, C. Tsagarousianos, O. Vergos, D. Stithos,D. Matthioudakis, N. Potamitis, P. Zouni, M. Kyriazi, D. Kletsas, N. Tentolouris, V. Roussis, M. Rallis.“ Case series on the effectiveness of *Ceratothoa oestroides* olive oil extract on chronic non healing low extremity venous ulcers ” 10th  International Conference on Biotherapy, Istanbul, Turkey 2017

E. Theodoraki, A. Terezaki, P. Harizanis, I. Sfiniadakis, M. Kyriazi, V. Roussis, G. Th. Papaioannou, M. Papageorgiadi, M.. Rallis, “Potential healing properties of bee products on thermal and sun burns”, 10th  International Conference on Biotherapy, Istanbul, Turkey 2017

Soubasi K., Tsiouma A., Karamani C., Sfiniadakis I., A. Vitsos, E. Melliou, P. Magiatis, Rallis M., «STUDY OF THE EFFECTS OF THE OLIVE LEAF EXTRACTS ON THE TREATMENT OF THE PSORIASIS»

8th International Conference on “Oxidative stress in skin biology and medicine”, September, 6-9, 2018 Andros, Greece

 Grigoropoulos A.; Zouridaki E.; Sgontzou T.; Vitsos A.; Antoniou C.; Katsarou A.; Chatziioannou A.; Karalis E.; Kyriazi M.; Roussis V.; Rallis M., “CLINICAL EVALUATION OF WOUND HEALING CAPACITY OF ISOPOD CERATOTHOA OESTROIDES OIL EXTRACT”,

8th International Conference on “Oxidative stress in skin biology and medicine”, September, 6-9, 2018 Andros, Greece

Despoina Nemtsa, Sofia Papakonstantinou , Michail Rallis, Vasileios Roussis, ,” WATER AND PROPYLENE GLYCOL ISOPODE CERATOTHOA OESTROIDES EXTRACTS: WOUND HEALING EFFICACY”, 8th International Conference on “Oxidative stress in skin biology and medicine”, September, 6-9, 2018 Andros, Greece

Aritzidou Konstantina-Maria, Dallas Paraskevas, Rallis Michail, Karallis Evaggelos, Giannopoulos Kostis, Lezgidou Lemonia, “RESVERATROL: FORMULATION, IN VITRO PENETRATION AND IN VIVO ANTI-INFLAMMATORY ASSESSMENT” 8th International Conference on “Oxidative stress in skin biology and medicine”, September, 6-9, 2018 Andros, Greece

Xanthi Maidoni, Eystathios Giannakopoulos, Nikos Gialousis, Ioannis Sfiniadakis, Christina Karamani, Michail Rallis, “THE CONTRIBUTION OF ENZYMES IN DEBDRIDEMENT AND WOUND HEALING” 8th International Conference on “Oxidative stress in skin biology and medicine”, September, 6-9, 2018 Andros, Greece

Melpo Mpita, Georgios Kosmoglou, Christina Karamani1, Ioannis Sfiniadakis, Georgios Th. Papaioannou, Evangelos Polychronopoulos, Andreas Vitsos, Michail Rallis, “NUTRITION AND PSORIASIS TREATMENT”, 8th International Conference on “Oxidative stress in skin biology and medicine”, September, 6-9, 2018 Andros, Greece

N.P. Andreou, M. Kyriazi, M. Stefanidou, K. Politopoulos, E. Alexandratou, L. Margaritis, M. Rallis,” RADIATIONS AND WOUND HEALING”, 8th International Conference on “Oxidative stress in skin biology and medicine”, September, 6-9, 2018 Andros, Greece

Nikolaos Giallousis, Michail Rallis, Andreas Vitsos, Antonios E. Tsagkarakis, Evaggelia I. Arapostathi, Vivi Miriagou, Leonidas Tzouvelekis, Domniki Zigka” LARVAE OF LUCILIA SERICATA: STERILIZATION PROCESS AND EFFECTS ON WOUND HEALING – A PILOT STUDY IN MICE”, 8th International Conference on “Oxidative stress in skin biology and medicine”, September, 6-9, 2018 Andros, Greece

O. Tanis, M. Kyriakidou, M. Giacoumaki, M. Rallis, J Anastassopoulou, “THE INFLUENCE OF UV IRRADIATION ON DIABETIC MICE SKIN. A VIBRATIONAL FT-IR AND RAMAN SPECTROSCOPIC STUDY”, 8th International Conference on “Oxidative stress in skin biology and medicine”, September, 6-9, 2018 Andros, Greece

Christina Karamani, Aikaterini Dimou, Ivi –Theodosia Antoniadou, Athina Gavanozi, Ioannis Sfiniadakis, Helen Skaltsa, Michail Rallis “OPTIMIZATION OF PSORIASIS MOUSE MODELS: A COMPARATIVE STUDY”, 8th International Conference on “Oxidative stress in skin biology and medicine”, September, 6-9, 2018 Andros, Greece

Dimitrios Dimas, Ekaterina-Michaela Tomou, Christina Karamani, Michael Rallis, Helen Skaltsa, “CHEMICAL INVESTIGATION OF BIOACTIVE NON POLAR MELISSA OFFICINALIS L. SSP. ALTISSIMA EXTRACT AGAINST PSORIASIS IN VIVO”, 8th International Conference on “Oxidative stress in skin biology and medicine”, September, 6-9, 2018 Andros, Greece

Kotroni E, Simirioti E , Kikionis S , Sfiniadakis I, Karalis V , Ioannou E , Roussis V , Rallis M,” ANTI-INFLAMMATORY ACTIVITY OF PINUS HALEPENSIS EXTRACT LOADED ON TOPICAL PATCHES”, 8th International Conference on “Oxidative stress in skin biology and medicine”, September, 6-9, 2018 Andros, Greece

 Christina Karamani, Dimitrios Dimas, Ioannis Sfiniadakis, Helen Skaltsa, Michail Rallis, “EFFICACY OF MELISSA OFFICINALIS EXTRACTS TO PSORIASIS TREATMENT – AN EXPERIMENTAL APPROACH”, 8th International Conference on “Oxidative stress in skin biology and medicine”, September, 6-9, 2018 Andros, Greece

Christina Karamani, Nikolaos Giallousis, Andreas Vitsos, Ioannis Sfiniadakis, Efstathia Ioannou, Vassilios Roussis, Michail Rallis, “AN EXTRACT OF THE ISOPOD CERATOTHOA OESTROIDES EXHIBITS THERAPEUTIC POTENCY FOR PSORIASIS” 8th International Conference on “Oxidative stress in skin biology and medicine”, September, 6-9, 2018 Andros, Greece

Asimina Terezaki, Elisavet Theodoraki, Paschalis Harizanis, Maria Kyriazi, Vasilios Roussis, Georgios Th.Papaioannou, Marianna Papageorgiadi, Andreas Grigoropoulos, Michail Rallis “POTENTIAL HEALING PROPERTIES OF BEE PRODUCTS TO THERMAL AND SUN BURNS” 8th International Conference on “Oxidative stress in skin biology and medicine”, September, 6-9, 2018 Andros, Greece

M. Kesente, M. Katsarou, M. Rallis, N. Drakoulis, I. Sfiniadakis, “COMPARATIVE IN VIVO STUDY OF THE EFFICACY OF FOUR TOPICAL APPLICATIONS IN A MODEL OF ATOPIC DERMATITIS IN HAIRLESS MICE”, 8th International Conference on “Oxidative stress in skin biology and medicine”, September, 6-9, 2018 Andros, Greece

 Giakoumaki M, Kyriazi M., Vlachodimitropoulos D., Dimakopoulou A., Anagnostou V., Karasmani M., Grigoropoulos A., Deli E., Andreou N., Rallis M. “CHRONIC UV IRRADIATION INDUCED OXIDATIVE STRESS IN THE SKIN OF DIABETIC HAIRLESS MICE”, 8th International Conference on “Oxidative stress in skin biology and medicine”, September, 6-9, 2018 Andros, Greece

Eleni Deli, Angeliki Kourounakis Maria Kyriazi, Aggeliki Dimakopoulou, Marina Karasmani, Maria Giakoumaki, Andreas Grigoropoulos, Vassia Anagnostou, Michael Rallis, “EFFECT OF ANTI-INFLAMMATORY/ANTIOXIDANT AGENT ON DIABETIC HAIRLESS MOUSE SKIN”, 8th International Conference on “Oxidative stress in skin biology and medicine”, September, 6-9, 2018 Andros, Greece

 M. Rallis, “Squamous Cell Carcinoma, Oxidative Stress and Diabetes”, Presentation on the 4th International Congress of Serbian Society for Mitochondrial and Free Radical Physiology, Belgrade, September 28-30, 2018

Μ. Rallis, S. Liakos, M. Kyriazi, E. Sofrona, A. Vitsos, E. Koulourides, S. Daskalaki, N. Giallousis, C. Volitaki., M. Papoutsi, A. Papapevangelou, D. Nemtsa, S. Papakonstantinou, E. Simirioti, G. Th. Papapioannou, I. Sfiniadakis, E. Ioannou, V. Roussis, D. Vlachodimitropoulos, “Extracts of the Marine Isopod Ceratothoa Oestroides: Wound Efficacy - Preclinical Studies”, Transantlantic Diabetic Lower Extremity and Chronic Wound Symposium, Thira, October 18-20, 2018

A. Vitsos, Μ. Rallis, S. Liakos, M. Kyriazi, E. Sofrona, A. Vitsos, E. Koulourides, S. Daskalaki, N. Giallousis, C. Volitaki., M. Papoutsi, A. Papapevangelou, D. Nemtsa, S. Papakonstantinou, E. Simirioti, G. Th. Papapioannou, I. Sfiniadakis, E. Ioannou, V. Roussis, D. Vlachodimitropoulos, “Extracts of the Marine Isopod Ceratothoa Oestroides: Wound Efficacy - Preclinical Studies”, Transantlantic Diabetic Lower Extremity and Chronic Wound Symposium, Thira, October 18-20, 2018

 A. Vitsos, E. Meimeti, A. Grigoropoulos, E. Zouridaki, Th. Sgontzou, A. Chadjioannou, E. Karalis, M. Rallis, M. Kyriazi, E. Simirioti, G. Th. Papaioannou, E. Ioannou, V. Roussis, N. Tentolouris, “Clinical Studies of Ointments Employing the Olive Oil Extract of the Isopod Ceratothoa Oestroides”, Transantlantic Diabetic Lower Extremity and Chronic Wound Symposium, Thira, October 18-20, 2018

 E. Simirioti, E. Kotroni, S. Kikionis, I. Sfiniadakis, A. Vitsos, E. Karalis, E. Ioannou, V. Roussis, M. Rallis, “Topical nanofibrous patches loeaded with Pinus halepensis extract as potential anti-inflammatory wound dressings,”, Transantlantic Diabetic Lower Extremity and Chronic Wound Symposium, Thira, October 18-20, 2018

D. Dimas, E. - M. Tomou, C. Karamani, M. Rallis, H. Skaltsa

“Melissa officinalis L.ssp. altissima extracts against psoriasis in vivo”.
19th International Congress of the International Society for Ethnopharmacology, . Dresden, Germany, June 12-14, 2019